

Hello

If You are self-isolating, I can help

I'm your neighbor .....

Call/text me at .....

I live at .....

If you are self-isolating due to COVID-19, I can help with:

Pick up groceries     A friendly phone call     Prayer

Run some errands     Other:

Just call or text me and I will do my best to help you (for free!)



Covid-19 is contagious; therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact. Wash hands regularly and leave any items on your doorstep.

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." - Jesus

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